

Katarina Stanisavljevic
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Education

University of Chicago Matriculated: Master of Divinity in Buddhist Studies	Chicago, IL 2024-2027
Sowa Rigpa Institute Traditional Tibetan Medicine Counselor, 1st-year Foundational Training	International 2023-2024
Northwestern University Bachelor of Science in General Studies Major: Humanities Relevant Courses: Identity Psychology, Medical Anthropology, Buddhist Studies: State of the Field, Buddhism in South Asia, Religion and the Body in China, Topics in East Asian Religions: Fate, Fortune, & Karma in East Asia, Intro Readings in Sanskrit, Anthropology of Peace	Evanston, IL 2020-2024
Rangjung Yeshe Institute Beginning Colloquial Tibetan Summer Language Intensive course online	Kathmandu, Nepal 2022

Certifications and Trainings

Post-Graduate Clinical Shiatsu Studies Program Advanced Shiatsu training	Evanston, IL 2016-2017
Massage Diploma Adjunct Training Illinois Massage Licensure training	Evanston, IL 2010
Zen Shiatsu Chicago Certified Shiatsu Practitioner training	Evanston, IL 2008-2010

Professional Experience

Certified Asian Bodywork Therapist <i>American Organization for the Bodywork Therapies of Asia</i>	2010 - Present
<ul style="list-style-type: none">• Clinical Shiatsu Practice, Sotai Movement Integration Therapy, Inquiry-Based Bodywork, Meditation Instruction, and Wellness Consultations	

Wise Ways Acupuncture, Chicago	2023 - 2024
Prenatal Fit, Chicago	2023 - 2024
Heartwood Center, Evanston, IL	2021 - 2023
Zen Shiatsu Chicago, Evanston, IL	2011 - 2021
HoloBeing Healing Arts Center, Boulder, CO	2018 - 2019

Events Coordinator and Office Assistant 2013- 2014

Zen Shiatsu Chicago, Evanston, IL

- Responsibilities included: Creating innovative community event concepts, communicating with and booking facilitators, workshops, and group events, manage event registrations and payments, guest check-in and facilitator accommodations at time of event, oversight of facilities and maintenance
- Answering calls, taking appointments, following up on appointment and event bookings
- Training and supervising work-study students

Teaching and Leadership

Yoga & Meditation Instructor and Mentor

The University of Chicago, Office of Spiritual Life 2024-Present

- Teaching yoga and meditation classes for UChicago community in Rockefeller Chapel
- Conducting 1:1 Yoga & Meditation mentorship sessions at The Office of Spiritual Life to guide and support students, faculty, and staff in establishing and developing a personal practice routine

Board Member 2024-Present

University of Chicago Buddhist Association

Board Member 2024-Present

University of Chicago, Chicago Forum Student Advisory Board

Yoga & Meditation for Everyone, Instructor

After School Matters, Chicago 2020-2024

- Designed and instructed compassion-based social-emotional-ethical learning curriculum for youth development in self-awareness and developmental learning outcomes, building skills of mindfulness, health, and self-care with Chicago Public High School teenagers through Yoga & Meditation and 3D Sculptural Arts programs
- Interviewed participants from Chicago Public Schools, maintained communications with Program Managers, Specialists, guest instructors, designed online learning tools

- Mentor for Summer Undergraduate Research Grant - *Northwestern University*** 2022
- Mentored a group of undergraduates in developing and writing grant proposals. Mentorship consisted of weekly group meetings, plus 1:1 check-ins for personal guidance on proposal progress.
- 5 Elements of Chinese Medicine Presentation - *Chicago Public Library*** 2022
- Public presentation on the 5 Elements of Chinese Medicine, as part of AAPI month celebrating the cultures, traditions, and histories of Asia.
- Dreamwork Workshop - *Holistika, Tulum, Mexico*** 2021
- Introductory workshop of Dreamwork as revelatory practice
- 5 Elements Corporate course - *Walking Tree Ventures*** 2020
- Designed and instructed online course for Executives and Creative Directors in international jewelry design studio based in Berlin, India and China.
- Zen Shiatsu Instructor - *Zen Shiatsu Chicago*** 2013-2018
- Teaching in the professional certification program: Beginning Zen Shiatsu, Zen Shiatsu Level 2, Continuing Education coursework, Practice Class Supervision
- Discovering the Meridians Workshop - *Bali Spirit Yoga Festival*** 2017
- Short introductory workshop on the Shiatsu Meridians at Bali Spirit Festival
- Self-Shiatsu for Wellness 2-day Immersion - *Kerala, India*** 2017
- In-depth immersion on Self-Shiatsu at Amritapuri Ashram in India
- Shiatsu Introduction Workshop - *Ashram Gandhi Puri, Bali*** 2014 & 2017
- Beginners Shiatsu workshop for residents and guests at the Ashram Gandhi Puri in Denpasar, the capitol of Bali
- Smiling Heart Laughter Yoga Playshop - *Chicago Oneness Center*** 2016
- Donation-based, all-ages, family-friendly community workshop, with Balance Through Motion balance boards to explore and enjoy through movement, meditation, and laughter yoga
- Chiaravalle Montessori School - *Evanston, IL*** 2015 - 2016
- Substitute Montessori Teacher for Toddler classroom, Early Childhood (3-6yrs), Middle School, Art class, PE, and After-school program
- Sri Lalita Sahasranama Sanskrit Chanting Workshop, *Stonehouse Farm, IL*** 2015
- Sanskrit chanting practice workshop of Archana, “1,000 Names of the Divine Mother”, for Lotus Rising Women’s Retreat

- Awakening Joy Workshop - *Sat Nam Yoga*** 2014
 • Laughter Yoga workshop for community members
- Cut Loose Laughter Yoga Workshop - *Zen Shiatsu Chicago*** 2014
 • Family-friendly Laughter Yoga for all ages
- Gentle Yoga & Meditation - *Zen Shiatsu Chicago*** 2013-2014
 • Weekly community practice in Hatha yoga and calm-abiding meditation
- Medicine Cabinet Massage Workshop - *Illinois Department of Natural Resources*** 2012
 • Co-taught an intro to massage for the Becoming an Outdoors Woman Retreat

Scholarships and Grants

- University of Chicago Divinity School scholarship funding** 2024-2027
 • Awarded 100% tuition scholarship, \$30,000 yearly for 3 years
- Northwestern Scholarship funding** 2020-2024
 • Awarded over \$60,000 total in tuition funding from Osher Reentry Scholarships, Crankstart Reentry Scholarships, and grants
- Summer Undergraduate Research Grant - *Northwestern University*** 2021
 • Awarded \$3,500 for Arts, Humanities, and Social Sciences Research Grant to study the *Mūlamadhyamakakārikā* (The Fundamental Treatise on the Middle Way), as well as Shantideva's *Bodhisattvacaryāvatāra* (A Guide to the Bodhisattva's Way of Life)
 • Composed a collection of poetry in response to, dialogue with, and contemplative inquiry into the texts studied over a period of 8-weeks, with 10 days in solo meditation practice and study retreat at Tara Mandala Center in Colorado.
- Summer Undergraduate Language Study Grant - *Northwestern University*** 2022
 • Awarded \$5,000 to study Tibetan Language
 • Attended the Beginning Colloquial Tibetan course with Rangjung Yeshe Institute, affiliated with Kathmandu University
 • Traveled to Dharamshala, India with Buddhist Studies graduate students to immerse in cultural and linguistic milieu of Tibetan community
 • Received teachings from HH Dalai Lama and studied Tibetan Buddhist Science of Mind and debate with Gelukpa, Geshe Choegyal Lopsang Rinpoche
- Conference Travel Grant - *Northwestern University*** 2022
 • Awarded \$500 to travel to Bhutan for the 4th International Vajrayana Conference

Conferences and Publications

- “Contemporary Discussions on Yeshé Tsogyal: First Tibetan Enlightened Woman”** 2024
- Paper published in proceedings for 4th International Vajrayana Conference, Modernity of Buddhism, 2022, Centre for Bhutan & GNH Studies
- 18th Sakyadhita International Conference for Buddhist Women - Seoul, South Korea** 2023
- “A Modern View of the Mother of Tibet, Yeshé Tsogyal” conference paper proposal accepted (withdrawn due to scheduling)
- 4th International Vajrayana Conference - Centre for Bhutan Studies, Thimphu, Bhutan** 2022
- Presented the paper, “Contemporary Discussions on Yeshé Tsogyal”, on the 8th century enlightened Tibetan master in conversation with feminist concerns within the soteriological project of feminine awakening
- 2nd Lotsawa Translation Conference - Northwestern University** 2022
- Guest invitation to attend private conference on translating, empowering, and amplifying the voices of Tibetan women
 - Requested by director of *Sakyadhita International Association of Buddhist Women*, Karma Lekshe Tsomo, to write article in the annual newsletter reviewing Northwestern’s Lotsawa Translation Conference; published 2023
- American Academy of Religions Annual Conference - Denver, CO** 2022
- Received Northwestern University sponsorship to attend AAR conference

Volunteering

- Embracing the World - Kerala, India** 2013-2018
NGO with Special Consultative Status to the United Nations
- Lived in Amritapuri ashram, volunteered on tour staff 1-4mo annually for 5 years
- Climate Cycle - Spring Soiree, Chicago, IL** 2012
- Shiatsu session gift certificates donated in charity auction event
- Climate Cycle - Ride to Recharge, Chicago, IL** 2011
- Shiatsu sessions offered live for staff and race athletes at charity cycling event
- CAWC - Connections for Abused Women and Children, Chicago, IL** May-July 2010
- Student Externship conducted at women’s shelter for Zen Shiatsu Chicago certification training, treating shelter residents weekly